

Organic Delusional Disorder

Organic delusional disorder affects people differently, but it generally revolves around very strong and unwavering beliefs in something (typically unreal or false.) It also results in a person's inability to tell the difference between what is real and imagined. Some people may think they are king of the world, while others might insist the sky is yellow. There is a wide range of specific delusions that may be shown by a person.

There are many other symptoms of this organic mental disorder, including paranoia, intense love for someone that is not known well, or a constant fear of being poisoned. People affected by organic delusional disorder intensely believe what they perceive to be reality. Even in cases where there is some truth to the fear or belief, there is usually an extreme exaggeration of circumstances. All of the symptoms stem from a physiological problem with the brain.

Symptoms of Delusional Disorder

The symptoms of delusional disorder include persistent delusions (in general they last more than one month) and delusions that contain exaggerated psychotic themes (from extreme jealousy to pangs of love for strangers.) Unlike schizophrenia, which shares some of the symptoms of organic delusional disorder, there are no hallucinations associated with this mental disorder. Generally, the symptoms are manageable enough for people to be able to lead normal, active lives. That said, guided therapy can still be helpful for people dealing with the symptoms of delusional disorder.

Types of Delusional Disorder

Erotomaniac delusions involve beliefs that someone (even someone you don't know) is in love with you.

Grandiose delusions are those where you have an inflated sense of worth, even if it is just being "connected" or "friends with" famous people.

Jealous delusions revolve around the insistence that your significant other is being unfaithful even if there is proof this isn't the case.

Persecutory delusions revolve around a feeling that you are being singled out for mistreatment.

Somatic delusions concern the belief that you have a physical defect or serious medical problem.

Mixed delusions are those that have characteristic of more than one of the above types of delusional disorders, with none of them being predominate.

Unspecified delusions are those not covered by the above descriptions of delusional disorders.

Treating Delusional Disorder

As you can probably tell by now, having a support group available at all hours of the day and night can be really helpful with treating organic delusional disorder. Sometimes just having someone point out reality or give support can have a big difference in how a person is able to cope with this mental disorder. Here at GoMentor.com, we offer convenient, online therapy led by trained therapists who specialize in this and other organic mental disorders.

Definition of Organic Delusional Disorder

Organic delusional disorder is a mental disorder that affects a person's ability to tell the difference between reality and fantasy. It can manifest itself as unwavering beliefs in things that are not true. From a fear of constantly being followed to falling in love with strangers, there are many different ways that organic delusional disorder can affect people.

- Delusions that last more than one month.
- Lack of hallucinations.
- Delusions that contain psychotic or exaggerated themes.